

Just a friendly reminder...

## Lil' Skaters Program FALL 2021

**\*NEW CLASS TIMES\***

**September 27—December 2**

**\*There are no classes on October 11 or the week of November 8-12.**

8-weeks for Step 1 or 2 (Monday) \$96.00  
 8-weeks for Parent & Child (Monday) \$72.00  
 9-weeks for Step 1,2 or 3 (Wed/Thurs) \$108.00  
 Drop-in Fee per class (if available spots) \$12.50

**REGISTRATION OPENS AUGUST 10, 2021**

Please arrive 5 to 10 minutes early and be ready for your class. Anyone who is sick or symptomatic is asked not to enter the facility or attend class. **ONE** parent or caregiver may accompany the registrant to your assigned dressing room, assist with putting on skates and be available during class for assistance on the ice or visiting the washroom. Patrons are asked to please exit the Servus Sports Centre within 10 minutes following their class. The Saskatchewan Health Authority COVID-19 guidelines and class schedules are subject to change. Registration is available online at [loydminster.ca/register](http://loydminster.ca/register), in-person at the Servus Sports Centre or by-phone 780 875 4529.

MONDAY	WEDNESDAY	THURSDAY
Lil' Skaters Parent & Child 9:30 - 10:00am	Lil' Skaters Step 1 9:15 - 10:00am	Lil' Skaters Step 1 9:15 - 10:00am
Lil' Skaters Step 1 10:15 - 11:00am	Lil' Skaters Step 2 10:15 - 11:00am	Lil' Skaters Step 2 10:15 - 11:00am
Lil' Skaters Step 2 11:15am - 12:00pm	Lil' Skaters Step 3 11:15am - 12:00pm	Lil' Skaters Step 3 11:15am - 12:00pm



# Lil' Skaters Skill Level Descriptions

## **PARENT AND CHILD**

### **Ages 2.5 and up**

This program is recommended for children with little or no skating experience and who still require assistance on the ice. The focus for this class will be teaching balance, posture and learning to stand up on the ice. Parents wearing skates must be comfortable enough on skates to physically support their child who may not yet be sturdy or balanced on the ice. Parents who are not stable on skates must have ice grippers on their shoes. We have a limited supply of ice grippers available to borrow during this class.

## **LIL' SKATERS STEP 1**

### **Ages 3 and up**

To participate in this class, children are required to stand and walk on the ice with little or no assistance from the instructor. It is also an independent class where skaters are to follow instructions on the ice in a group setting. If the skaters are neither holding their balance on the ice nor following instruction, then the "*Parent and Child*" class is recommended. The fundamental movements of skating are introduced in this class including skating forward, walking backward, turning, stopping and jumping. Various activities such as action songs, teaching aids and group games are utilized to ensure a fun learning environment.

## **LIL' SKATERS STEP 2**

### **Ages 3.5 and up**

This class is a great choice for those who have already taken "*Lil' Skaters Step 1*" or for those with previous skating experience. Further development of fundamental movements of skating is taught during this class including skate forward, skate backward, turns, stops and jumps. Balance and edge development is also introduced. Skill circuits, teaching aids and group games are utilized to ensure a fun learning environment.

## **LIL' SKATERS STEP 3**

### **Ages 4 and up**

This is a high-paced class and is designed for those who have already taken "*Lil' Skaters Step 2*". This class can also be taken by those who have previously taken other skating lessons and have learned the fundamental movements. Skaters will be taught forward cross-overs, backward stride, side stops, tight glides and edge development. Skill circuits, teaching aids and group games are utilized to ensure a fun learning environment.